

THE HOLY EUCHARIST

The Fourth Sunday after the Epiphany

Sunday, January 31, 2021 at 11am

Livestreamed worship available at [facebook.com/stpaulsnorwalk/videos](https://www.facebook.com/stpaulsnorwalk/videos).

St. Paul's on the Green | 60 East Avenue, Norwalk, Connecticut 06851

THE GATHERING RITE

Gathering Music *Adagio* from Sonata I by Felix Mendelssohn (1809-1847)

The Opening Acclamation

The people's responses are in bold.

Blessed be God, who is the light of the world.

**Blessed is the One who scatters the darkness before us,
that we may walk in newness of life.**

O God of love, you are the true sun of the world, evermore risen and never going down: We pray you to shine in our hearts and drive away the darkness of sin and the mist of error. We pray that we may this day and all our lives long, walk without stumbling in the way you have prepared for us, Jesus Christ our Lord; who lives and reigns with you and the Holy Spirit, one God in glory everlasting. **Amen.** —*Erasmus of Rotterdam, 15th c.*

Song of Praise

1. Glo - ry to God in the high - est, and
peace to God's peo - ple on earth. 2. Lord God, heaven - ly
King, al - might - y God and Fa - ther, we wor - ship you, we
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
ceive our prayer. 6. For you a - lone are the Ho - ly One,
you a - lone are the Lord, 7. you a - lone are the Most
High, Je - sus Christ, with the Ho - ly Spi - rit, in the
glo - ry of God the Fa - ther. A - men.

setting: Robert Powell (b. 1932)
© 1985 GIA Publications, Inc.
OneLicense.net License #A-709109

The Collect of the Day

The Lord be with you.

And also with you.

Let us pray.

Faithful God, your Holy One, Jesus of Nazareth, spoke the truth with authority, and you confirmed his teaching by wondrous deeds. Through his healing presence, drive far from us all that is unholy, so that by word and deed we may proclaim him Messiah and Lord and bear witness to your power to heal and save. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God for ever and ever. **Amen.**

THE LITURGY OF THE WORD

The Lesson *Deuteronomy 18:15-20*

Moses said: The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

Hear what the Spirit is saying to God's people.

Thanks be to God.

The Response *sung by the choir*

Eternal Light, shine into our hearts,
Eternal Goodness, deliver us from evil,
Eternal Power, be our support,
Eternal Wisdom, scatter the darkness of our ignorance,
Eternal Pity, have mercy upon us,
through Jesus Christ our Lord.
Amen.

words: Alcuin (735-804)
music: Leo Sowerby (1895-1968)

The Gospel *Mark 1:21-28*

The Holy Gospel of our Lord Jesus Christ according to Mark.
Glory to you, O Christ.

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

The Gospel of the Lord.
Praise to you, O Christ.

The Sermon *The Rev. Daniel Simons, Priest-in-charge*

A period of silent reflection follows the sermon.

The Creed and Baptismal Covenant

Creed is translated "I believe" though it is rooted in an ancient word for heart, and carries the sense "I give my heart to." Ours is more than a statement of mental or doctrinal belief; this is an invitation to embrace the mystery of divinity in all things, the flow of the Trinity's self-giving love at the heart of all creation.

In Epiphanytide this year we will use the Church's earliest creed, the Apostles Creed, which was used in the primitive church especially at baptisms, as it still is today. As part of our weekly credal statement we will include the baptismal promises that follow it in the prayer book, which articulate our intention to live our lives following the way of Jesus.

As we renew this covenant during the six weeks of Epiphanytide, allow it to lead you more deeply into your own self offering, and ponder specific ways God may be calling you into further action through this renewal.

The Celebrant says

Do you believe in God the Father?

I believe in God, the Father almighty, creator of heaven and earth.

Do you believe in Jesus Christ, the Son of God?

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

Do you believe in God the Holy Spirit?

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.

Will you continue in the apostles' teaching and fellowship, in the breaking of bread, and in the prayers?

I will, with God's help.

Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?

I will, with God's help.

Will you proclaim by word and example the Good News of God in Christ?

I will, with God's help.

Will you seek and serve Christ in all persons, loving your neighbor as yourself?

I will, with God's help.

Will you strive for justice and peace among all people, and respect the dignity of every human being?

I will, with God's help.

Will you cherish the wondrous works of God, and protect the beauty and integrity of all creation?

I will, with God's help.

The Prayers of the People

Our version of the Prayers of the People this week is adapted from Martin Luther King Jr.'s "Commitment Card" for the Alabama Christian Movement for Human Rights.

The intercessor says

Grant, Almighty God, that we be united in your truth, as we walk and talk in the manner of love; for God is love.

Lord, in your mercy,

Hear our prayer.

Guide the people of this land, and of all the nations, that we may honor one another and serve the common good, observe with both friend and foe the ordinary rules of courtesy and sacrifice personal wishes as our lives are used by You so that all may be free.

Lord, in your mercy,

Hear our prayer.

Guide us as we strive to be in good spiritual and bodily health and comfort and heal all those who suffer in body, mind, or spirit.

Lord, in your mercy,

Hear our prayer.

For those who rest in the peace of Christ, and for all the departed.

Lord, in your mercy,

Hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace; eradicate the violence of fist, tongue, or heart; that we may honor one another and serve the common good. Bring to mind always that the non-violent movement seeks justice and reconciliation — not victory.

Lord, in your mercy,

Hear our prayer.

The people add their own prayers aloud, silently, or via a Facebook comment.

The Celebrant concludes the prayers with a Collect.

The Peace

The peace of the Lord be always with you.

And also with you.

Please share the peace wherever you are: with a comment posted on Facebook, a bow to those nearby, or some other distanced gesture of peace.

The Announcements available at stpaulsnorwalk.org/sundaymorning

GIVING TO ST. PAUL'S

Now more than ever, the work and mission of St. Paul's depend on the generous support of its friends and members.

Please consider making an offering to St. Paul's by credit card. Visit stpaulsnorwalk.org/givebycard, or use the QR code to the right.

For other means of giving, visit stpaulsnorwalk.org/donate.

Thank you for your generous support!



THE LITURGY OF THE TABLE

The Offertory

The Altar-Table is prepared with gifts of bread and wine for Communion. During this time, give thanks for all the ways God blesses you, and consider ways you can extend that blessing to others. Learn more ways to give in the "Giving to St. Paul's" box above.

The Great Thanksgiving

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

It is indeed right that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ. Your light has shone throughout the world and brought all nations to feast at your Table. Daily we are baptized into new life; daily we see your miracles among us. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

Sanctus and Benedictus

Ho - ly, ho - ly, ho - ly Lord, God of
pow - er and might, — hea - ven and earth are full of your
glo - ry. Ho - san - na in the high -
est. Bless - ed is he who comes in the name of the
Lord. Ho - san - na in the high - est.

setting: Calvin Hampton (1938-1984)
© 1982 Church Publishing, Inc.
OneLicense.net License #A-709109

The Celebrant continues

Blessed are you, for the birth of creation. Blessed are you, in the darkness and in the light. Blessed are you, for the prophets' hopes and dreams. Blessed are you, for signs and wonders we see of your work in the world. Blessed are you for your Son Jesus, the Word made flesh.

In the night in which he was betrayed, our brother Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

In the same way, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

Let us proclaim the mystery of faith:

Christ has died.

Christ is risen.

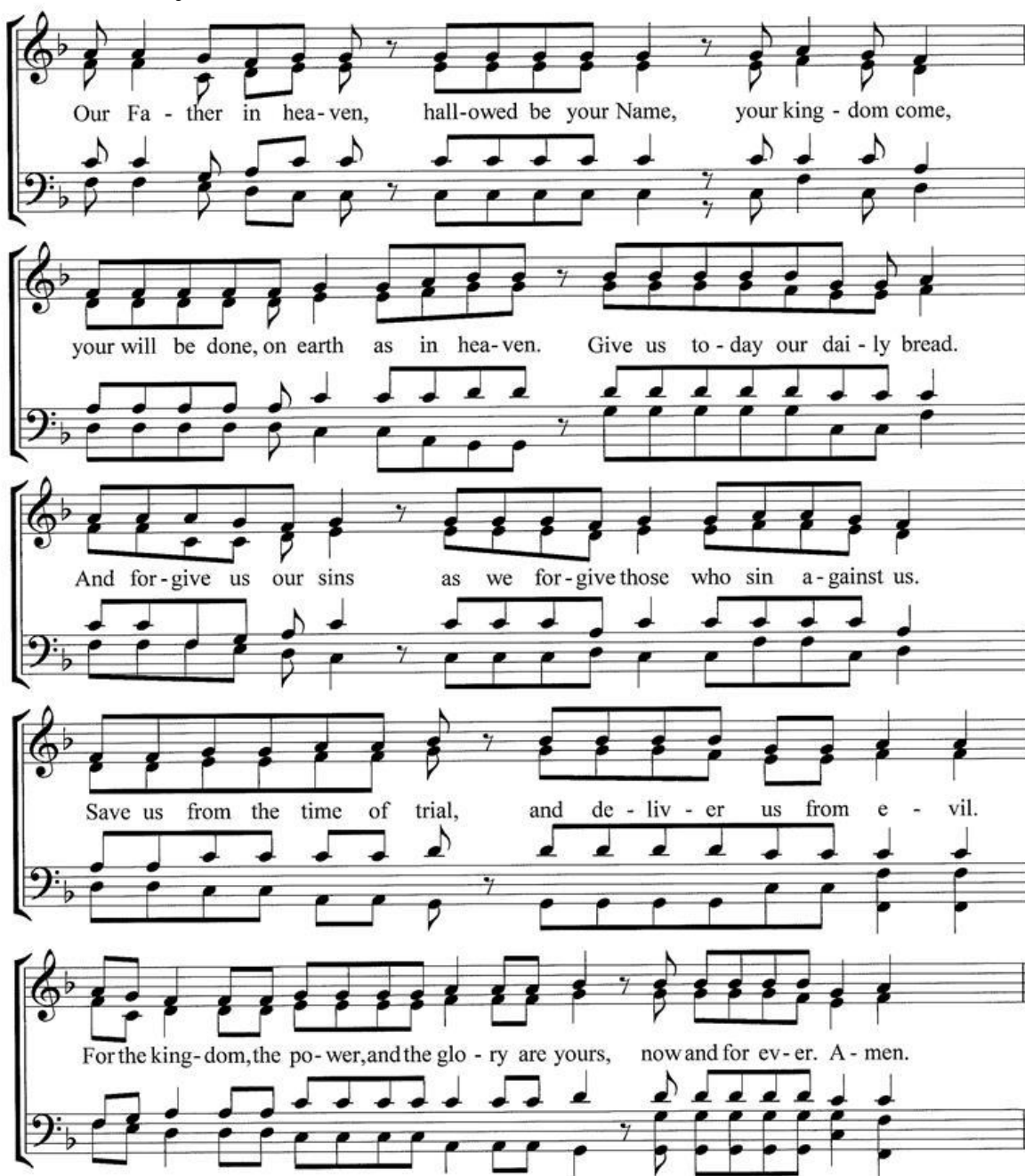
Christ will come in glory.

With this bread and cup we remember your Word, dwelling among us, full of grace and truth. We remember our new birth in his death and resurrection. We rejoice in the miracle of God-with-us.

Holy God, we long for your Spirit. Come among us and bless this meal. May your Word take flesh in us. Awaken your people; fill us with your light. Bring us the gift of peace on earth.

All praise and glory are yours, Holy One of Israel, Word of God incarnate, Power of the Most High, One God, now and forever. AMEN.

The Lord's Prayer



Our Fa - ther in hea - ven, hall - oved be your Name, your king - dom come,
your will be done, on earth as in hea - ven. Give us to - day our dai - ly bread.
And for - give us our sins as we for - give those who sin a - gainst us.
Save us from the time of trial, and de - liv - er us from e - vil.
For the king - dom, the po - wer, and the glo - ry are yours, now and for ev - er. A - men.

setting: Nicolai Rimsky-Korsakov (1844-1908); adapted.

The Communion

Bread of life, nourish our souls.

Light of the world, shine in our hearts.

Hymn at the Communion

1 Thou, whose al - might - y word cha - os and dark - ness heard,
 2 Thou who didst come to bring on thy re - deem - ing wing
 3 Spi - rit of truth and love, life - giv - ing, ho - ly Dove,
 4 Ho - ly and bless - ed Three, glo - ri - ous Trin - i - ty,

and took their flight; hear us, we hum - bly pray, and, where the
 heal - ing and sight, health to the sick in mind, sight to the
 speed forth thy flight! Move on the wa - ters' face bear - ing the
 wis - dom, love, might; bound - less as o - cean's tide, roll - ing in

Gos - pel day sheds not its glo - rious ray, let there be light!
 in - ly blind, now to all hu - man - kind, let there be light!
 gifts of grace, and, in earth's dark - est place, let there be light!
 full - est pride, through the world, far and wide, let there be light!

words: John Marriot (1780-1825), alt.
 music: *Moscow*, Felice de Giardini (1716-1796); harm. *The New Hymnal*, 1916

After a period of silent reflection, all pray the following prayer together

O God, in love you have called us out of darkness into light, and in love we have shared this holy meal. By it, rekindle the flame of your love in our hearts, and may its light guide us on our journey and shine out in our lives, now and forever. AMEN.

THE SENDING RITE

The Blessing and Dismissal

The Light of Christ be in our hearts: the small light that becomes a burning flame; the warm light that grows into a great love; the bright light that leads us on our way.

And the blessing of God: Father, Son, and Holy Spirit, be upon you now and remain with you forever. **Amen.**

Let us go forth into the world to share the light of Christ.

Thanks be to God.

Postlude *Festivo* by Christian Rinck (1770-1845)

THE WORSHIP IS OVER. THE SERVICE BEGINS.

[Click here](#) to join in small group conversation and catching up on Zoom!

St. Paul's on the Green
The Rev. Daniel Simons, *Priest-in-charge*
60 East Avenue, Norwalk, Connecticut 06851
stpaulsnorwalk.org | info@stpaulsnorwalk.org