

# THE HOLY EUCHARIST

*The First Sunday of Lent*

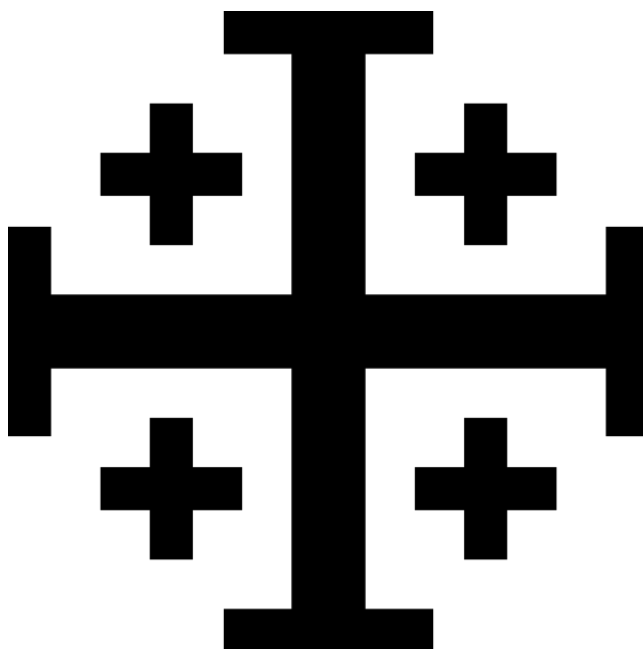
ST. PAUL'S ON THE GREEN | FEBRUARY 18, 2024 - 9:00AM & 11:00AM

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PRELUDE

*Prelude on "We Shall Overcome"* - Adolphus Hailstork (b. 1941)

*Please stand as the bell sounds.*



## LITANY FOR THE SEASON OF LENT

*We enter the season of Lent with a processional litany of penitence and hope, preparing ourselves for the transformational joy of the Resurrection. Please join in the sung responses, as together we renew our commitment to listen and follow where God is leading us on this pilgrimage of faith.*

*The Celebrant intones*

Let us pray for God's blessing in this holy season of Lent:  
**Lord, have mercy.**

*The People respond to each petition:*



We have not loved you with our whole heart and mind and strength:  
**Lord, have mercy.**

We have not loved our neighbors as ourselves:  
**Lord, have mercy.**

We have not forgiven others as we have been forgiven:  
**Lord, have mercy.**

We have been deaf to your call to serve, as Christ has served:  
**Lord, have mercy.**

*The Organist plays an interlude.*

We confess our unfaithfulness, our pride, hypocrisy and impatience:  
**Lord, forgive us.**

We confess our envy of those more fortunate than ourselves:  
**Lord, forgive us.**

For our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work:  
**Lord, forgive us.**

For our negligence in prayer and worship:  
**Lord, forgive us.**

For our blindness to human need and suffering, and our indifference to injustice and cruelty:  
**Lord, forgive us.**

For lack of charity toward our neighbors, for prejudice and contempt toward those who differ from us:  
**Lord, forgive us.**

For our waste and pollution of your creation, and our lack of concern for those who come after us:  
**Lord, forgive us.**

*The Organist plays an interlude.*

Restore us, Lord, and renew a right spirit within us.

**Lord, restore us.**

Accomplish in us the work of your creation:

**Lord, restore us.**

By the cross and passion of your Son, Jesus Christ, our Lord:

**Lord, restore us.**

And bring us with all your saints to the joy of his resurrection:

**Lord, restore us.**

## THE COLLECT OF THE DAY

The Lord be with you.

**And also with you.**

Let us pray.

God of the covenant, as the forty days of deluge swept away the world's corruption and watered new beginnings of righteousness and life, so in the saving flood of baptism your people are washed clean and born again. Throughout these forty days, unseal for us the wellspring of your grace, cleanse our hearts of all that is not holy, and cause your gift of new life to flourish once again. Grant this through Christ, our liberator from sin, who lives and reigns with you in the unity of the Holy Spirit, holy and mighty God for ever and ever.

**Amen.**

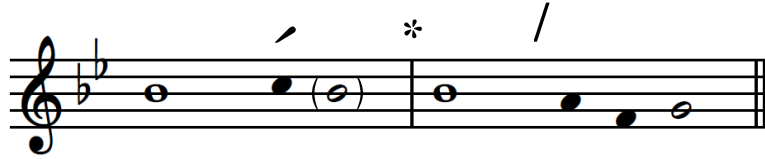
## THE LESSON     *seated*

*Genesis 9:8-17*

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

Hear what the Spirit is saying to the People.

**Thanks be to God.**



To you, O God, I lift up my soul; my God, I put my trúst in you; \*  
let me not be humiliated, nor let my enemies triumph / over me.

Let none who look to you be put to sháme; \*  
let the treacherous be disappointed / in their schemes.

Show me your wáys, O God, \*  
and teach / me your paths.

Lead me in your truth and téach me, \*  
for you are the God of my salvation;  
in you have I trusted all / the day long.

Remember, O God, your compassion and lóve, \*  
for they are from ev- / erlasting.

Remember not the sins of my youth and my transgréssions; \*  
remember me according to your love  
and for the sake of your good- / ness, O God.

Gracious and upright are yóu; \*  
therefore you teach sinners / in your way.

You guide the humble in doing ríght \*  
and teach your way to / the lowly.

All your paths are love and faíthfulness \*  
to those who keep your covenant and your test- / imonies.

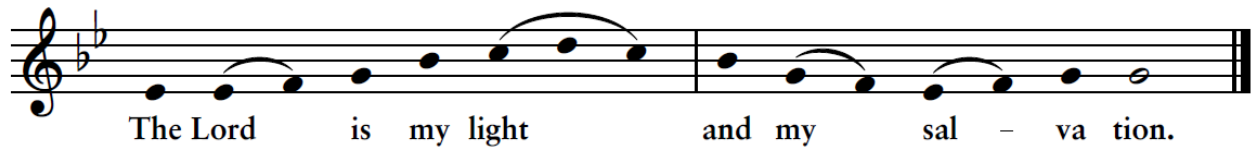
Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Hear what the Spirit is saying to the People.

**Thanks be to God.**

THE GOSPEL PROCESSION      *standing, all turn toward the Gospel as it brought among the People*

*The Cantor sings the Refrain, and the People repeat it.*



*The Choir or Cantor sings*

They who dwell in the shelter of the Most High \*  
abide under the shadow of the Almighty.

They shall say to God, "You are my refuge and my stronghold, \*  
my God in whom I put my trust."

For God shall deliver you from the snare of the hunter \*  
and from the deadly pestilence.

*All sing Refrain*

God's pinions shall cover you, and under God's wings you shall find refuge; \*  
God's faithfulness shall be a shield and buckler.

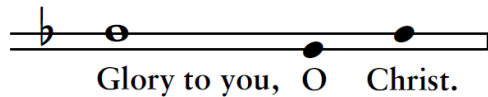
For God shall give the angels charge over you, \*  
to keep you in all your ways.

They shall bear you in their hands, \*  
lest you dash your foot against a stone.

*All sing Refrain*

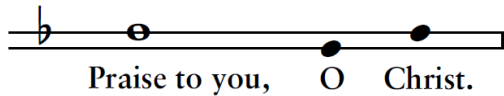
Refrain: Will Doreza  
Psalm Tone: harm. Thomas Stolzer (1480-1526)

The Holy Gospel of our Lord Jesus Christ according to Mark.



In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

The Gospel of the Lord.



SERMON

*The Rev. Daniel Simons*

*A period of silent reflection follows the sermon,  
then today's service continues directly with the Prayers of the People.*

## THE PRAYERS OF THE PEOPLE

Loving God, in faith, we pray:

For reconciliation between the violated and the violent,  
**That we may rest in your peace.**

For generosity between rich and poor people everywhere,  
**That we may share the abundance of your creation.**

For the growth of love between broken peoples and nations,  
**That we may shape our common life as your kingdom.**

For mutual respect between immigrants and insiders,  
**That we may welcome your image in all who come to us.**

For protection for the weak and humility for the strong,  
**That we may serve others as you serve us in Christ.**

For what else shall we pray?

*Please offer your own prayers aloud or in silence.*

For all the joys and concerns of our hearts,  
**That we may live with gladness and trust.**

*The Celebrant concludes the prayers, saying*

God of hope, from you come every blessing and all peace: Show us that, in the midst of our struggle and suffering, you are with us. Give us the abundance of your grace that we may do the work you give us to do and that we may be for the world a sign of your presence; through Christ, our Way, our Truth, and our life. **Amen.**

## THE PEACE

The peace of the Lord be always with you.  
**And also with you.**

*Please share a sign of peace with those around you.*

## ANNOUNCEMENTS *seated*

### Supporting the Work of St. Paul's

St. Paul's is fully supported by the contributions of its members and friends. Visit the address below or click on the QR code to learn more about the opportunities to give and to make a one-time or sustaining gift to ensure the enduring and vibrant ministry of this place:

*[stpaulsnorwalk.org/support](http://stpaulsnorwalk.org/support)*

**Thank You!**



## MUSIC AT THE OFFERTORY *sung by the Choir at 7:30pm*

### Even Here

*Mark Miller (b. 1952)*

At the land's dark roots, in the farthest deep  
where the daylight dims, where no one can reach,  
Can the hand of God, can the voice of Love  
find me even here?

I have turned away, I have set my fate,  
I have run too far, I repent too late.  
Can the hand of God, can the voice of Love  
find me even here?

Oh, to climb again where the eagle flies,  
Where its nest is set in the starlit skies,  
Can the hand of God, can the voice of Love  
find me even here?  
Will the hand of God, will the voice of Love  
find me even here?

Oh, forgive me Lord, may I see your face  
May I die in peace, with a song of praise.  
May the hand of God, may the voice of Love  
find me even here.

*During Black History month, we will be featuring Black Composers throughout the liturgy. Mark Miller believes that everyone is a Child of God and that music is instrumental in healing the world. He also adheres to Cornel West's belief that "Justice is what love looks like in public." Since 2006 he has been a Lecturer in Sacred Music at Yale's Institute of Sacred Music and Divinity School. Mark is Lecturer in Sacred Music at the Yale Institute of Sacred Music, Professor of Church Music, Director of Chapel, and Composer In Residence at Drew University in Madison NJ, and is the Minister of Music of Christ Church (UCC & Am Baptist) in Summit, New Jersey. Mark believes that music, social justice, and the beloved community are inextricably tied.*



HYMN AT THE OFFERTORY *standing*



1 Now let us all with one ac - cord, in  
 2 The cov - e - nant, so long re - vealed to  
 3 Your love, O Lord, our sin - ful race has  
 4 Re - mem - ber, Lord, though frail we be, in  
 5 There - fore, we pray you, Lord, for - give; so



1 com - pa - ny with a - ges past, keep vi - gil with our  
 2 those of faith in for - mer time, Christ by his own ex -  
 3 not re - turned, but fal - si - fied; au - thor of mer - cy,  
 4 your own i - mage were we made; help us, lest in anx -  
 5 when our wan - derings here shall cease, we may with you for



1 heaven - ly Lord in his temp - ta - tion and his fast.  
 2 am - ple sealed, the Lord of love, in love sub - lime.  
 3 turn your face and grant re - pent - ance for our pride.  
 4 i - e - ty, we cause your Name to be be - trayed.  
 5 ev - er live, in love and u - ni - ty and peace.

Words: Att. Gregory the Great (540–604); tr. *Praise the Lord*, 1972, alt.  
 Music: *Bourbon*, melody att. Freeman Lewis (1780–1859); harm. Thomas Foster (b. 1938)

## THE GREAT THANKSGIVING

*Celebrant*      *People*  
The Lord be with you. And al - so with you.

*Celebrant*      *People*  
Lift up your hearts. We lift them to the Lord.

*Celebrant*  
Let us give thanks to the Lord our God.

*People*  
It is right to give God thanks and praise.

It is truly right, and good and joyful, to give you thanks, all-holy God. We find new life in you, fountain of hope and well of forgiveness. You seek us out and change our hearts of stone to hearts that love you and all you have made. Joining with the angels, who sing your praises night and day, we give voice to every creature under heaven as we proclaim with joy:

## SANCTUS & BENEDICTUS

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and might, hea-ven and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Bless-ed is he who comes in the name of the Lord. Ho-san-na in the high - est.

Setting: David Hurd (b. 1950)

*The composer of today's Sanctus setting, David Hurd, is a prominent composer, organist, and choral director in the Anglican tradition, currently serving at the Episcopal Church of St. Mary the Virgin in Manhattan. He has held prominent positions at General Theological Seminary and Trinity Wall Street. His work is well-represented in our hymnals, and is frequently sung at St. Paul's.*

*The Celebrant continues*

Holy, mighty, and merciful Lord, heaven and earth are full of your glory. In great love you sent to us Jesus, your Son, who reached out to heal the sick and suffering, who preached good news to the poor, and who, on the cross, opened his arms to all.

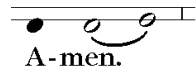
In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; he broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

Now send your sanctifying Spirit, to show us that this bread and this cup are the body and blood of your Son, and every sin is pardoned, and every debt is redeemed, and you have made us your holy people.

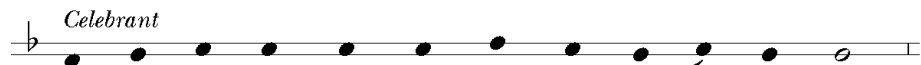
Bring us in the fullness of time Christ's kingdom of peace, where with the Holy Spirit you will be all in all, forever and ever.

*People*



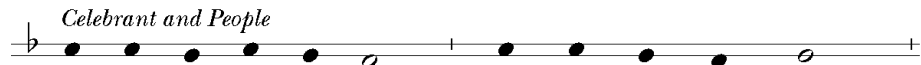
## THE LORD'S PRAYER

*Celebrant*

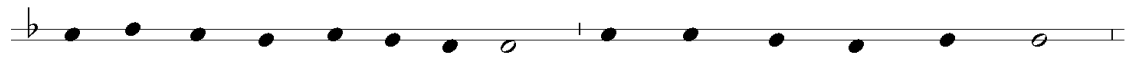


As our Sa - vior Christ has taught us, we now pray,


*Celebrant and People*



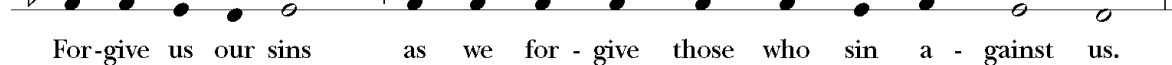
Our Fa - ther in hea - ven, hal - lowed be your Name,



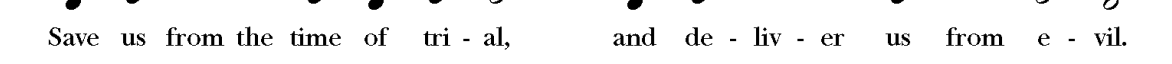
your king - dom come, your will be done, on earth as in hea - ven.



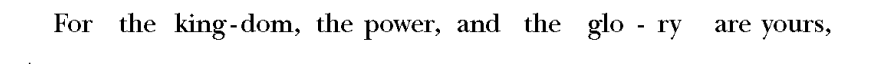
Give us to - day our dai - ly bread.




For - give us our sins as we for - give those who sin a - gainst us.



Save us from the time of tri - al, and de - liv - er us from e - vil.



For the king - dom, the power, and the glo - ry are yours,



now and for ev - er. A - men.

Setting: Ambrosian Chant, adapt. Mason Martens

## THE COMMUNION

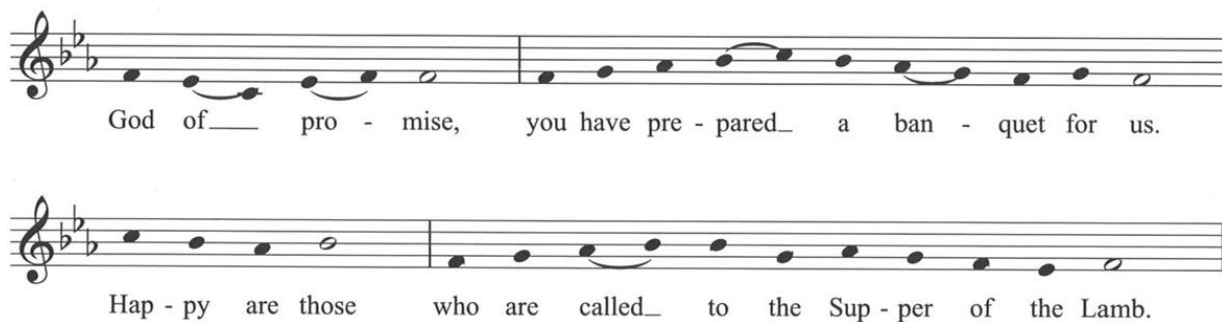
*The Celebrant breaks the bread and invites the People to Communion, saying*

This is the Bread of Heaven,  
**Broken for the life of the world.**

*Everyone is welcome to receive the bread and wine of Communion. Please follow the direction of the ushers. Gluten-free bread is available upon request; grape juice is available in the blue-dot cups at the side altars. (For the health of all, we are no longer dipping the bread into the chalice wine by hand.)*

*Healing prayer is available in the side aisles for those wishing to pray with someone for any need in their lives.*

*All sing as the distribution of Communion begins:*



*The Cantor sings:*

How shall I repay God \*  
for all the good things done for me?  
I will lift up the cup of salvation \*  
and call upon the Name of God.  
I will fulfill my vows to God \*  
in the presence of all people.

*All repeat Refrain*

MUSIC AT COMMUNION      *sung by the Choir at 7:30pm*

### **I have decided to follow Jesus**

*Words: Ascribed to Nokseng; as sung is Garo, Assam  
Music: Indian Folk Melody*

*The lyrics are based on the last words of Nokseng, an Indian man who converted to Christianity in the middle of the 19th century through the efforts of an American Baptist missionary. He is said to have recited verses from the twelfth chapter of the Gospel of John as he and his family were killed. The formation of the martyr's words into a hymn has been attributed to the Indian missionary Sadhu Sundar Singh. This hymn is an example of the many different traditions of music that have been adopted into the African-American sacred music repertoire.*

THE PRAYER AFTER COMMUNION     *standing*

O God, you made us from the dust of the earth,  
and our lives are as brief as the grass of the field,  
yet you sustain us in the wilderness,  
and you have fed us with the bread of heaven.  
Now raise us up, and turn our faces toward you,  
that we may reflect the glory we behold  
and show Christ's love to the world  
in the power of the Spirit. Amen.

THE BLESSING

As we journey through Lent, may our fasting be a hunger for justice,  
our alms a making of peace, and our prayers the growth of grateful and humble hearts;  
And the blessing of God: Source of Hope, Word of Life, and ever-present Spirit of Grace,  
be with you now and always.  
**Amen.**

## HYMN IN PROCESSION

1 For - ty days and for - ty nights thou wast fast - ing in the wild;  
 2 Should not we thy sor - row share and from world - ly joys ab - stain,  
 3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!  
 4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;  
 5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.  
 2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?  
 3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!  
 4 round us, too, shall an - gels shine, such as min - is - tered to thee.  
 5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

Words: George Hunt Smyttan (1822–1870), alt.

Music: *Aus der Tiefe rufe ich*, melody att. Martin Herbst (1654–1681), alt.; harm. William Henry Monk (1823–1889)

## THE DISMISSAL

Go forth in peace and share the good news: God liberates and sets us free.

**Thanks be to God.**

## ORGAN VOLUNTARY

*Solemn Processional* -- Robert A. Harris

*Robert A. Harris is from Detroit, Michigan and was born in 1938. He holds a B.A. and M.A. in music education from Wayne State University. He briefly attended the Eastman School of music and then received a PhD in composition and theory from Michigan State University. Following this, Harris completed post-doctoral work at Aspen Music School. Harris Began his professional career as a music teacher in Detroit Public Schools, and then he moved on to become Director of Choral Activities at Michigan State University. About a decade later he joined the faculty of Northwestern University as a professor of conducting and director of choral organizations. Harris has performed internationally as a conductor including performances in South Korea, Republic of China, Hong Kong, and has also led master classes and lectures in South Africa, as well as a seminar on African American spirituals in Argentina. Harris has received many awards throughout his career but what stands out are the numerous awards for "Excellence in Teaching" from various educational institutions he has been a staff member at. Harris's career has been focused on composition and education in the classical music field.*

*See back cover for information on the composer of today's Prelude.*

*The composer of today's Prelude, Adolphus Hailstork, was born in 1941 in Rochester, New York and grew up in the Albany area. Hailstork has led a vibrant career as a composer and educator, but also as a gifted instrumentalist playing the violin, piano, organ and singer. He holds a BMus in composition from Howard University as well as a BMus, and MM from the Manhattan school of music. Finally, he received a PhD in composition from Michigan State University. Upon graduating from his various degree programs, Hailstork immediately went into teaching, serving as professor at Youngstown State University before accepting a position at Norfolk State University as professor of music and composer-in-residence. Hailstork throughout his career has produced music that seeks to blend musical ideas from the African, American, and European traditions. He has composed music for just about every instrument and ensemble throughout a very lucrative career.*

## THE WORSHIP IS OVER – THE SERVICE BEGINS

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ST PAUL'S ON THE GREEN – 60 EAST AVE., NORWALK, CT 06851

Contact us at: 203-847-2806 [info@stpaulsnorwalk.org](mailto:info@stpaulsnorwalk.org)

The Rev. Daniel Simons *Rector*

The Rev. Paul Carling *Priest Associate*

Molly Cooke *Seminarian*

Will Doreza *Interim Director of Music*

Josh Ehlebracht *Interim Organist*

Marsha Dunn *Parish Administrator*

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