

# THE HOLY EUCHARIST

## *The Third Sunday after Epiphany*

ST. PAUL'S ON THE GREEN | JANUARY 21, 2024 - 9:00 & 11:00AM

---


### PRELUDE

*Andante from Organ Sonata No. 6 - Felix Mendelssohn (1809-1847)*


*Please stand as the bell sounds.*

### HYMN IN PROCESSION


*Unison*




1 God, who stretched the span - gled hea - vens in - fi - nite in  
\*2 Proud - ly rise our mod - ern ci - ties, state - ly build - ings,  
3 We have ven - tured worlds un - dreamed of since the child - hood  
4 As each far ho - ri - zon beck - ons, may it chal - lenge




time and place, flung the suns in burn - ing ra - diance  
row on row; yet their win - dows, blank, un - feel - ing,  
of our race; known the ec - sta - sy of wing - ing  
us a - new, chil - dren of cre - a - tive pur - pose,




through the si - lent fields of space: we, your chil - dren  
stare on can - yoned streets be - low, where the lone - ly  
through un - trav - eled realms of space; probed the se - crets  
serv - ing o - thers, hon - oring you. May our dreams prove



in your like - ness, share in - ven - tive powers with you;  
drift un - no - ticed in the ci - ty's ebb and flow,  
of the at - om, yield - ing un - im - ag - ined power,  
rich with prom - ise, each en - deav - or well be - gun:



Great Cre - a - tor, still cre - at - ing,  
lost to pur - pose and to mean - ing,  
fac - ing us with life's de - struc - tion  
Great Cre - a - tor, give us guid - ance



show us what we yet may do.  
scarce - ly car - ing where they go.  
or our most tri - um - phant hour.  
till our goals and yours are one.

Words: Catherine Cameron (b. 1927), alt.

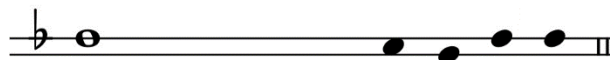
Music: *Holy Manna*, from *The Southern Harmony*, 1835

## THE OPENING ACCLAMATION

*The Celebrant intones*

Blessed be the one, holy, and living God.

*The People respond*



Glory to God for - ev - er and ev - er.

## SONG OF PRAISE

1 Songs of thank-ful - ness and praise, Jes - us, Lord, to thee we raise,  
2 Man - i - fest at Jor - dan's stream, Pro-phet, Priest, and King su - preme;

man - i - fest - ed by the star to the sa - ges from a - far;  
and at Ca - na, wed - ding-guest, in thy God-head man - i - fest;

branch of roy - al Da - vid's stem in thy birth at Beth - le - hem;  
man - i - fest in power di - vine, chang - ing wa - ter in - to wine;

an - thems be to thee ad-dressed, God in us made man-i - fest.  
an - thems be to thee ad-dressed, God in us made man-i - fest.

Words: Sts. 1-3, Christopher Wordsworth (1807-1885); st. 4, F. Bland Tucker (1895-1984)  
Music: Salzburg, melody Jakob Hintze (1622-1702); harm. Johann Sebastian Bach (1685-1750)

## THE COLLECT OF THE DAY

The Lord be with you.

**And also with you.**

Let us pray.

Your sovereign rule, O God, draws near to us in the person of Jesus your Son. Your word summons us to faith; your power transforms our lives. Free us to follow in Christ's footsteps, so that neither human loyalty nor earthly attachment may hold us back from answering your call. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God for ever and ever.

**Amen.**

## THE LESSON     *seated*

*Jonah 3:1-5, 10*

The word of the Lord came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth. When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

Hear what the Spirit is saying to the People.

**Thanks be to God.**

*The Psalm is read reflectively, with a slight pause at the asterisk.*

For God alone my soul in silence waits; \*  
truly, there is my hope.

God alone is my rock and my salvation, \*  
my stronghold, so that I shall not be shaken.

In God is my safety and my honor; \*  
God is my strong rock and my refuge.

Put your trust in God always, O people; \*  
pour out your hearts before the One who is our refuge.

Those of high degree are but a fleeting breath, \*  
even those of low estate cannot be trusted.

On the scales they are lighter than a breath, \*  
all of them together.

Put no trust in extortion; in robbery take no empty pride; \*  
though wealth increase, set not your heart upon it.

God has spoken once, twice have I heard it, \*  
that power belongs to God.

Steadfast love is yours, O God, \*  
for you repay everyone according to their deeds.

Anglican Chant: George Thalben-Ball

## THE EPISTLE

*1 Corinthians 7:29-31*

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

Hear what the Spirit is saying to the People.

**Thanks be to God.**

GOSPEL HYMN     *The People stand and turn toward the Deacon or Priest  
as the Gospel comes among the People.*

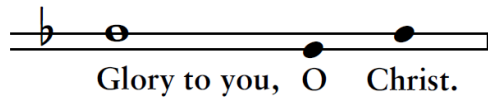
1 They cast their nets in Gal - i - lee just  
 2 Con - tent - ed, peace - ful fish - er - men, be -  
 3 Young John who trimmed the flap - ping sail, home -  
 4 The peace of God, it is no peace, but

off the hills of brown; such hap - py,  
 fore they ev - er knew the peace of  
 less, in Pat - mos died. Pe - ter, who  
 strife closed in the sod. Yet let us

sim - ple fish - er - folk, be - fore the Lord came down.  
 God that filled their hearts brim - ful, and broke them too.  
 hauled the teem - ing net, head - down was cru - ci - fied.  
 pray for but one thing— the mar - velous peace of God.

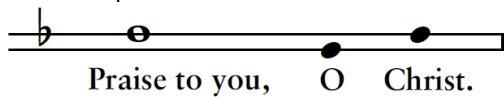
Words: William Alexander Percy (1885–1942), alt.  
 Music: *Georgetown*, David McKinley Williams (1887–1978)

The Holy Gospel of our Lord Jesus Christ according to Mark.



After John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news." As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

The Gospel of the Lord.



SERMON

*Molly Cooke, Seminarian*

*A period of silent reflection follows the sermon.*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only son of God, eternally begotten of the Father. God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through Him all things were made. For us and for our salvation He came down from heaven: by the power of the Holy Spirit, He became incarnate from the Virgin Mary, and was made man. For our sake He was crucified under Pontius Pilate; He suffered death and was buried. On the third day He rose again in accordance with the Scriptures; He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and His kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son, She\* is worshipped and glorified. She has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

*\*Holy Spirit in biblical languages is a feminine-gendered word,  
and we use the feminine pronoun here to highlight that aspect of God's fullness.*

## THE PRAYERS OF THE PEOPLE

Light eternal, we live in a world inclined towards injustice and oppression. Be our guide through the darkness, we pray, and illumine the path that lies ahead.

You welcomed foreigners to your cradle and accepted their gifts. Shine your light on those who appear strange and different, and help us accept what they offer.

Light eternal,

**Illumine our path, we pray.**

You descended from the heavens like a dove and with the power of your light showed pleasure in the newly baptized. Lead the searching into the light of your presence, and shape our communities into places of understanding, nurture and exploration.

Light eternal,

**Illumine our path, we pray.**

You modeled the hard way of loving our enemies. Strengthen the light that shines within us, and teach us to have compassion, even for those whom we struggle to love.

Light eternal,

**Illumine our path, we pray.**

You healed the sick and injured wherever you traveled. Send forth your light to heal all those who suffer from any sickness of body, mind or spirit, especially those we now name.

*Please add your own prayers, aloud or in silence.*

Light eternal,

**Illumine our path, we pray.**

On the mountain-top, your light dazzled and the line between death and life became thin. Bless those who have transitioned to the land of endless light, and remind us of how close they remain.

Light eternal,

**Illumine our path, we pray.**

Light eternal, your Spirit reveals and illumines your presence in creation. Shine in our lives, that we may offer our hands and hearts to your work: to heal and shelter, to feed and clothe, to break every yoke and spread the freedom of your love.

**Amen.**



## THE PEACE

The peace of the Lord be always with you.  
**And also with you.**

*Please share a sign of peace with those around you.*

## ANNOUNCEMENTS *seated*

### **Supporting the Work of St. Paul's**

St. Paul's is fully supported by the contributions of its members and friends. Visit the address below or click on the QR code to learn more about the opportunities to give and to make a one-time or sustaining gift to ensure the enduring and vibrant ministry of this place:

*[stpaulsnorwalk.org/support](http://stpaulsnorwalk.org/support)*

**Thank You!**



## MUSIC AT THE OFFERTORY *sung by the Choir at 11am*

### **Grant us your peace**

*Felix Mendelssohn (1809-1847)*

Grant us your peace, O loving Lord,  
our Rock and firm foundation.  
Our faith is in your excellent word,  
speaking to every nation.  
Your promise of sure salvation.

HYMN AT THE OFFERTORY *standing*



1 All my hope on God is found - ed; he doth still my  
 2 Mor - tal pride and earth - ly glo - ry, sword and crown be -  
 3 God's great good - ness e'er en - dur - eth, deep his wis - dom  
 \*4 Dai - ly doth the al - might - y Giv - er boun - teous gifts on  
 5 Still from earth to God e - ter - nal sac - ri - fice of



1 trust re - new, me through change and chance he  
 2 tray our trust; though with care and toil we  
 3 pass - ing thought: splen - dor, light, and life at -  
 4 us be - stow; his de - sire our soul de -  
 5 praise be done, high a - bove all prais - es



1 guid - eth, on - ly good and on - ly true. God un -  
 2 build them, tower and tem - ple fall to dust. But God's  
 3 tend him, beau - ty spring - eth out of nought. Ev - e -  
 4 ligh - teth, plea - sure leads us where we go. Love doth  
 5 prais - ing for the gift of Christ, his Son. Christ doth



1 known, he a - lone calls my heart to be his own.  
 2 power, hour by hour, is my tem - ple and my tower.  
 3 rmore from his store new-born worlds rise and a - dore.  
 4 stand at his hand; joy doth wait on his com - mand.  
 5 call one and all: ye who fol - low shall not fall.

Words: Robert Seymour Bridges (1844-1930), alt.; after Joachim Neander (1650-1680)  
 Music: *Michael*, Herbert Howells (1892-1983))

## THE GREAT THANKSGIVING

*Celebrant*      *People*  
The Lord be with you. And al - so with you.

*Celebrant*      *People*  
Lift up your hearts. We lift them to the Lord.

*Celebrant*  
Let us give thanks to the Lord our God.

*People*  
It is right to give God thanks and praise.

We praise you and we bless you, gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, fire, and water, and every living thing. You made us creators in your image and taught us to walk in your love. But we rebelled against you and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in your light and the fullness of your love. So this day we join with Saints and Angels in a chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

## SANCTUS & BENEDICTUS

Ho - ly, ho - ly, ho - ly,

ho - ly Lord, God of power and might,

heaven and earth are full of your glo - ry. Ho-san-na in the

high - est. Bless - ed is he who

comes in the name of the Lord. Ho-san-na in the high-est.

Setting: William Mathias (1934-1992)

*The Celebrant continues*

All glory be to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor on Mary, your willing servant, that she might conceive and bear a son, Jesus, the holy child of God. Living among us Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world into the heart of God, but we were heedless of his call to walk in love.

When the time came to complete the offering of his life, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take and eat; this is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again he gave thanks to you, gave it to them, and said, "Drink this, all of you; this is my blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

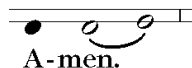
**Christ has died. Christ is risen. Christ will come again.**

Now gathered at your table, remembering that we are one with you and all creation, we offer to you from your own hand these gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts, that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with all your children from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, to you be honor, glory and praise, forever and ever.

*People*



A-men.

## THE LORD'S PRAYER

As our Savior Christ has taught us, we now pray:

Our Fa - ther in hea - ven, hall-owed be your Name, your king - dom come,

The first system of musical notation for the Lord's Prayer. It consists of a treble and bass staff joined by a brace. The key signature has one flat (B-flat). The melody is written in the treble staff, and the bass line is in the bass staff. The lyrics are written below the notes.

your will be done, on earth as in hea - ven. Give us to - day our dai - ly bread.

The second system of musical notation. It continues the melody and bass line from the first system. The lyrics are written below the notes.

And for - give us our sins as we for - give those who sin a - gainst us.

The third system of musical notation. It continues the melody and bass line. The lyrics are written below the notes.

Save us from the time of trial, and de - liv - er us from e - vil.

The fourth system of musical notation. It continues the melody and bass line. The lyrics are written below the notes.

For the king - dom, the po - wer, and the glo - ry are yours, now and for ev - er. A - men.

The fifth system of musical notation. It concludes the piece with a double bar line. The lyrics are written below the notes.

Setting: Nicolai Rimsky-Korsakov (1844-1908); adapted.

## THE COMMUNION

*The Celebrant breaks the bread and invites the People to Communion, saying*

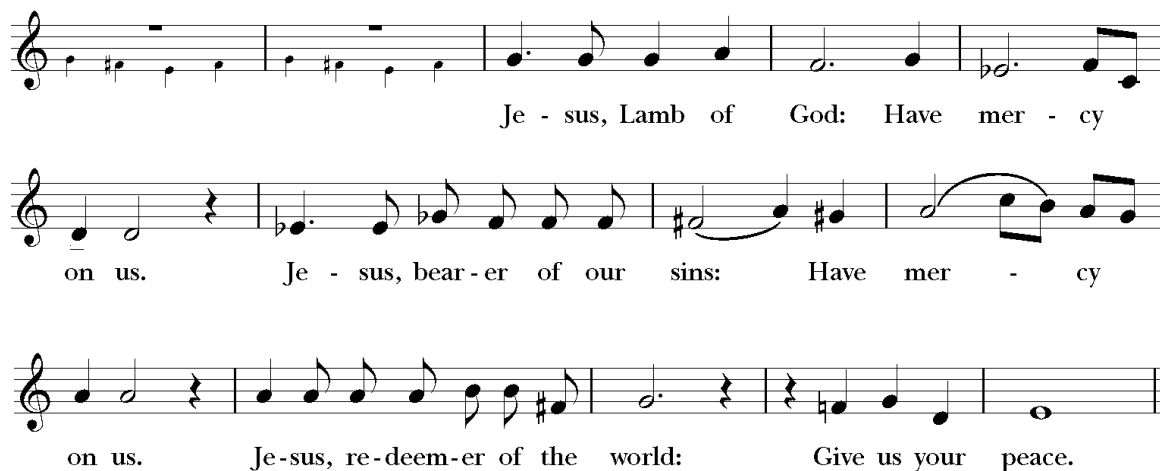
Bread of Life, nourish our souls.

**Light of the world, shine in our hearts.**

*Everyone is welcome to receive the bread and wine of Communion. Please follow the direction of the ushers. Gluten-free bread is available upon request; grape juice is available in the blue-dot cups at the side altars. (For the health of all, we are no longer dipping the bread into the chalice wine by hand.)*

*Healing prayer is available in the side aisles for those wishing to pray with someone for any need in their lives.*

*All sing as the distribution of Communion begins:*



Je - sus, Lamb of God: Have mer - cy  
on us. Je - sus, bear - er of our sins: Have mer - cy  
on us. Je - sus, re - deem - er of the world: Give us your peace.

Setting: William Mathias (1934-1992)

## MUSIC AT COMMUNION *sung by the Choir at 11am*

**Hymn: Take my life and let it be**

*Words: Francis Ridley Havargal (1836-1879)  
Music: Hollingside, John Bacchus Dykes (1823-1876)*

## THE PRAYER AFTER COMMUNION

God of abundance, you have fed us with the bread of life and cup of salvation;  
you have united us with Christ and one another;  
and you have made us one with all your people in heaven and on earth.  
Now send us forth in the power of your Spirit,  
that we may proclaim your redeeming love to the world  
and continue forever in the risen life of Christ our Savior. Amen.

## THE BLESSING

The Light of Christ be in your hearts:

The small light that becomes a burning flame;

The warm light that grows into a great love;

The bright light that leads us on our way.

And the blessing of God: Eternal Majesty, Incarnate Word, and Abiding Presence,

Be upon you now and remain with you always.

**Amen.**

## HYMN IN PROCESSION

The musical score is written for four voices (Soprano, Alto, Tenor, Bass) and piano accompaniment. It consists of three systems of music. The first system contains the first four lines of the hymn. The second system contains the next four lines. The third system contains the final four lines. The piano accompaniment is written in the bass clef and provides harmonic support for the vocal parts. The lyrics are printed below the vocal staves.

1 Ye ho - ly an - gels bright, who wait at God's right hand, or  
2 Ye bless - ed souls at rest, who ran this earth - ly race and  
3 Ye saints, who toil be - low, a - dore your heaven - ly King, and  
4 My soul, bear thou thy part, tri - umph in God a - bove: and

through the realms of light fly at your Lord's com - mand, as - sist our  
now, from sin re - leased, be - hold the Sa - vior's face, God's prais - es  
on - ward as ye go some joy - ful an - them sing; take what he  
with a well - tuned heart sing thou the songs of love! Let all thy

song, for else the theme too high doth seem for mor - tal tongue.  
sound, as in his sight with sweet de - light ye do a - bound.  
gives and praise him still, through good or ill, who ev - er lives!  
days till life shall end, what - e'er he send, be filled with praise.

Words: Richard Baxter (1615–1691); rev. John Hampden Gurney (1802–1862)

Music: *Darwall's 148th*, melody and bass John Darwall (1731–1789); harm. William Henry Monk (1823–1889), alt.; desc. Sydney Hugo Nicholson

## THE DISMISSAL

Let us go and tell the world that we have seen the glory of the Lord.

**Thanks be to God.**

## ORGAN VOLUNTARY

*Tuba Tune – C.S. Lang*

## THE WORSHIP IS OVER – THE SERVICE BEGINS

---

ST PAUL'S ON THE GREEN – 60 EAST AVE., NORWALK, CT 06851

Contact us at: 203-847-2806 [info@stpaulsnorwalk.org](mailto:info@stpaulsnorwalk.org)

The Rev. Daniel Simons *Rector*

The Rev. Paul Carling *Priest Associate*

Molly Cooke *Seminarian*

Will Doreza *Interim Director of Music*

Josh Ehlebracht *Interim Organist*

Marsha Dunn *Parish Administrator*

*All music in this leaflet is printed with permission from OneLicense.net, License #A-709109*

*Psalms: © Order of Saint Helena, used by permission*