

HOLY EUCHARIST

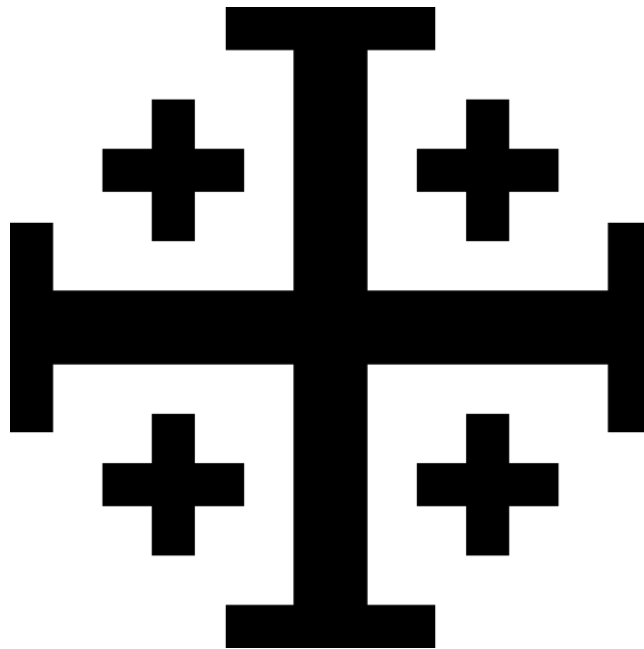
The Third Sunday in Lent

ST. PAUL'S ON THE GREEN | MARCH 12, 2023 - 9:00AM & 11:00AM

PRELUDE

Josh Ehlebracht, organ

Please stand as the organ sounds. (bells are silenced during Lent)



HYMN IN PROCESSION



1. I heard the voice of Je - sus say, "Come
 2. I heard the voice of Je - sus say, "Be -
 3. I heard the voice of Je - sus say, "I



un - to me and rest; Lay down, O wea - ry
 hold, I free - ly give The liv - ing wa - ter;
 am this dark world's light; Look un - to me, your



one, lay down Your head up - on my breast." I
 thirst - y one, Stoop down, and drink, and live." I
 morn shall rise, And all your day be bright." I



came to Je - sus as I was, So
 came to Je - sus, and I drank Of
 looked to Je - sus, and I found In



wea - ry, worn, and sad; I found in him a
 that life - giv - ing stream; My thirst was quenched, my
 him my star, my sun; And in that light of



rest - ing place, And he has made me glad.
 soul re - vived, And now I live in him.
 life I'll walk Till trav - 'ling days are done.

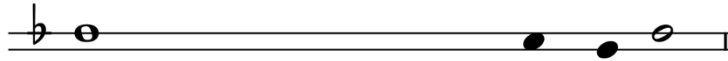
Words: Horatius Bonar (1808-1889)
 Music: *Kingsfold*, English traditional melody

THE OPENING ACCLAMATION

The Celebrant intones

Blessed be the God of our salvation,

The People respond



who bears our burdens and for-gives our sins.

THE CONFESSION

The Celebrant says

Let us confess our sins to God, who is generous in mercy and full of compassion.

All kneel or bow, as you are able, and pray in silence, then saying:

God of all mercy,

**we confess that we have sinned against you,
opposing your will in our lives.**

**We have denied your goodness in each other,
in ourselves, and in the world you have created.**

**We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.**

**Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will.**

Amen.

The Celebrant says

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

Amen.

THE KYRIE

Musical score for The Kyrie, featuring three staves of music in G major. The lyrics are: Ky-ri - e e - le - i - son. Ky-ri - e e - le - i - son. Ky-ri - e e - le - i - son. Chris - te e - le - i - son. Chris-te e - le - i - son. Chris-te e - le - i - son. Ky-ri - e e - le - i - son. Ky-ri - e e - le - i - son. Ky-ri - e e - le - i - son.

Music: James McGregor (b. 1930), after Verbum caro factum est, Hans Leo Hassler (1564-1612)
Copyright: Copyright © 1976 James McGregor.. OneLicense.net License #A-709109

THE COLLECT OF THE DAY

The Lord be with you.
And also with you.

Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

Amen.

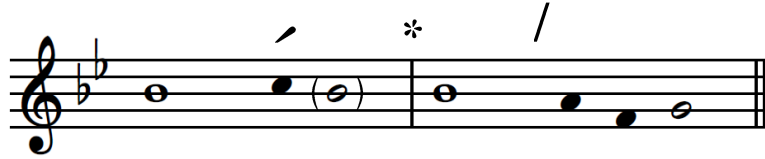
THE LESSON *seated*

Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

Hear what the Spirit is saying to the People.

Thanks be to God.



Come, let us sing to the **Hóly** One; *
let us shout for joy to the Rock of our / salvation.

Let us come before God's presence with thanksgíving, *
and raise a loud / shout with psalms.

For you, O God, are a great **Gód**; *
you are great a- / bove all gods.

In your hand are the caverns of the **éarth**, *
and the heights of the hills / are yours also.

The sea is yours, for you **máde** it, *
and your hands have molded the / dry land.

Come, let us bow down and bend the **knée**, *
and kneel before / God, our Maker,

For you are our God, and we are the people of your pasture
and the sheep of your **hánd**. *
Oh, that today we would hearken / to your voice!

Harden not your hearts, as your forebears did in the **wílderness**, *
at Meribah, and on that day at Massah, when / they tempted me;

They put me to the **tést**, *
though they had / seen my works.

Forty years long I detested that generation and **sáid**, *
"This people are wayward in their hearts; they do not / know my ways."

So I swore in my **wráth**, *
"They shall not enter in- / to my rest."

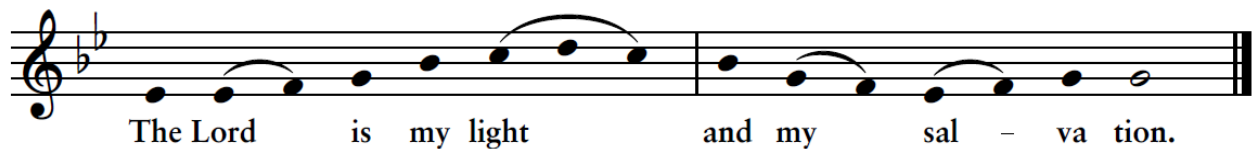
Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Hear what the Spirit is saying to the People.

Thanks be to God.

THE GOSPEL PROCESSION *standing*

The Cantor or Choir sings the Refrain, and all repeat it.



As the deer longs for the water-brooks, *
so longs my soul for you, O God.

My soul is athirst for God, athirst for the living God; *
when shall I come to appear before the presence of God?

Refrain

My tears have been my food day and night, *
while all day long they say to me, "Where now is your God?"

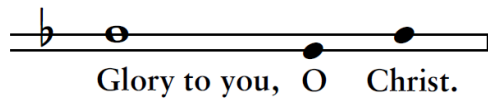
Put your trust in God, *
for I will yet give thanks to the Holy One,
who is the help of my countenance, and my God.

Refrain

Refrain: Will Doreza
Psalm Tone: harm. Thomas Stolzer (1480-1526)

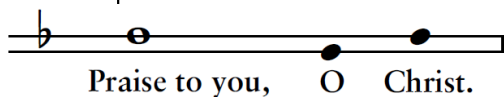
All turn toward the Gospel as it is brought among the People.

The Holy Gospel of our Lord Jesus Christ according to John.



Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Gospel of the Lord.



SERMON

The Rev. Daniel Simons

A period of silent reflection follows the sermon.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only son of God, eternally begotten of the Father. God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through Him all things were made. For us and for our salvation He came down from heaven: by the power of the Holy Spirit, He became incarnate from the Virgin Mary, and was made man. For our sake He was crucified under Pontius Pilate; He suffered death and was buried. On the third day He rose again in accordance with the Scriptures; He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and His kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son, She* is worshipped and glorified. She has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

**Holy Spirit in biblical languages is a feminine-gendered word,
and we use the feminine pronoun here to highlight that aspect of God's fullness.*

THE PRAYERS OF THE PEOPLE

Loving God, in faith, we pray:

For reconciliation between the violated and the violent,
That we may rest in your peace.

For generosity between rich and poor people everywhere,
That we may share the abundance of your creation.

For the growth of love between broken peoples and nations,
That we may shape our common life as your kingdom.

For mutual respect between immigrants and insiders,
That we may welcome your image in all who come to us.

For protection for the weak and humility for the strong,
That we may serve others as you serve us in Christ.

For what else shall we pray?

Please offer your own prayers aloud or in silence.

For all the joys and concerns of our hearts,
That we may live with gladness and trust.

The Celebrant concludes the prayers, saying

God of hope, from you comes every blessing and all peace: Show us that, in the midst of our struggle and suffering, you are with us. Give us the abundance of your grace that we may do the work you give us to do and that we may be for the world a sign of your presence; through Christ, our Way, our Truth, and our life. **Amen.**

THE PEACE

The peace of the Lord be always with you.
And also with you.

Please share a sign of peace with those around you.

ANNOUNCEMENTS *seated*

Giving to St. Paul's

The work and mission of St. Paul's is fully supported by the generous contributions of its members and friends.
You can make a one-time offering or a sustaining gift to St. Paul's by visiting stpaulsnorwalk.org/givebycard, or text to give at 855-934-1074
For other means of giving, visit stpaulsnorwalk.org/support.

Thank you for your support!



MUSIC AT THE OFFERTORY *sung by the Choir at 11:00am*

God be in my head

God be in my head and in my understanding.
God be in my eyes and in my looking.
God be in my mouth and in my speaking.
God be in my heart, and in my thinking.
God be at my end, and at my departing.

Arlen Clarke (b. 1956)
Words: Book of Hours

HYMN AT THE OFFERTORY *standing*



For all the faith-ful wom-en who served in days of old, to you shall thanks be_
Re-call the out-cast wom-an with whom our Lord con-versed; Christ gave her liv-ing_
O God, for saints and ser-vants, those named and those un-known, in whom through all the_
All praise to God the Fa-ther! All praise to Christ the Son! All praise to God the



giv-en; to all, their stor-y told. They served with strength and glad-ness in
wa-ter to quench her deep-est thirst. Like hers, our hearts are yearn-ing; Christ
a-ges your light of glo-ry shone, we of-fer glad thanks-giv-ing and
Spir-it, who binds the church in one! With saints who went be-fore us, with



tasks your wis-dom gave. To you their lives bore wit-ness, proclaimed your pow'r to save.
off-ers us his word. Then may our lips be burn-ing to wit-ness to our Lord.
fer-vent prayer we raise that, faith-ful in your ser-vice, our lives may sing your praise.
saints who wit-ness still, we sing glad al-le-lu-ias and strive to do your will.

Words: Herman Stuempfle (b. 1923) © 1993 GIA Publications, Inc.
Music: Nyland, Finnish folk melody

THE GREAT THANKSGIVING

Celebrant *People*

The Lord be with you. And al - so with you.

Celebrant *People*

Lift up your hearts. We lift them to the Lord.

Celebrant

Let us give thanks to the Lord our God.

People

It is right to give God thanks and praise.

It is truly right, and good and joyful, to give you thanks, all-holy God. We find new life in you, fountain of hope and well of forgiveness. You seek us out and change our hearts of stone to hearts that love you and all you have made.

Joining with the angels, who sing your praises night and day, we give voice to every creature under heaven as we proclaim with joy:

SANCTUS & BENEDICTUS

Ho - ly, Ho - ly, Ho - ly, Lord God of pow'r and might, Heav'n and

earth are full of your glo - ry, Ho - san - na in the high - est.

Bles - sed is He who comes in the name of the Lord. Ho -

san - na in the high - est.

Setting: James McGregor (b.1930)
 Music: *Verbum Caro factum est*, Hans Leo Hassler (1565-1612)

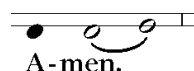
The Celebrant continues

Holy, gracious, and merciful Lord, heaven and earth are full of your glory. In great love you sent to us Jesus, your Son, who reached out to heal the sick and suffering, who preached good news to the poor, and who, on the cross, opened his arms to all.

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; he broke it, and gave it to his disciples, saying: "Take and eat; this is my body, given for you." Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: "This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me."


Remembering, therefore, his death, resurrection, and ascension, we await Christ's coming in glory. Pour out upon these gifts and upon us the Spirit of your love, O Lord, and unite the wills of all who share this heavenly food, the body and blood of Jesus Christ, our Lord; to whom, with you and the Holy Spirit, be all honor and glory, now and forever.

People



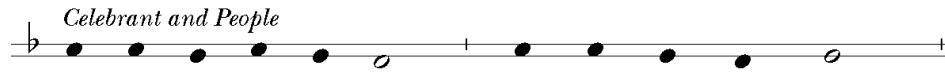
THE LORD'S PRAYER

Celebrant

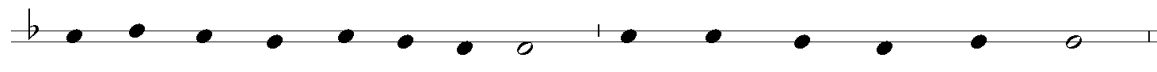


As our Sa - vior Christ has taught us, we now pray,


Celebrant and People



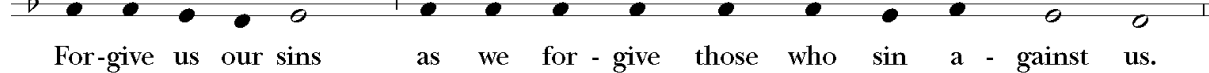
Our Fa - ther in hea - ven, hal - lowed be your Name,



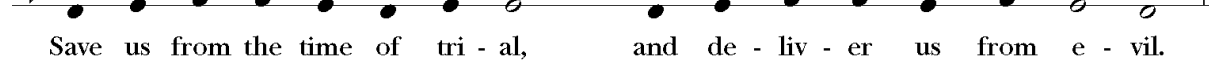
your king - dom come, your will be done, on earth as in hea - ven.



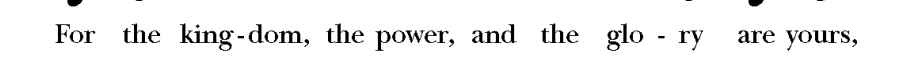
Give us to - day our dai - ly bread.



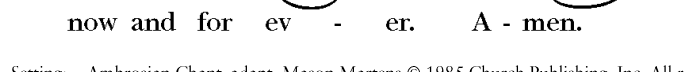
For - give us our sins as we for - give those who sin a - gainst us.



Save us from the time of tri - al, and de - liv - er us from e - vil.



For the king - dom, the power, and the glo - ry are yours,



now and for ev - er. A - men.

Setting: Ambrosian Chant, adapt. Mason Martens © 1985 Church Publishing, Inc. All rights reserved. OneLicense.net License #A-709109

THE COMMUNION

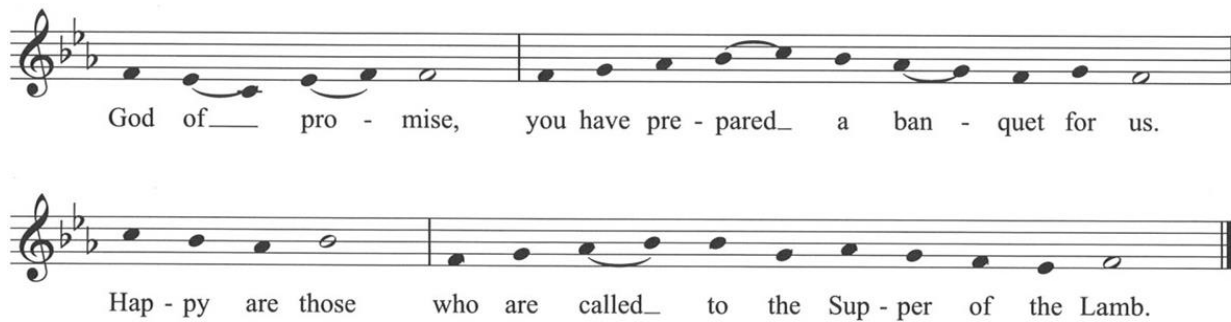
The Celebrant breaks the bread and invites the People to Communion, saying

This is the Bread of Heaven.

Broken for the life of the world.

Everyone, without exception, is welcome to receive the bread and wine of Communion. Please follow the direction of the ushers. Gluten-free hosts are available upon request; grape juice is available in the blue-dot cups. Healing prayer is available in the side aisles for those wishing to pray with someone for any need in their lives.

The Cantor sings the Refrain, and all repeat it.



How shall I repay God *
for all the good things done for me?

I will lift up the cup of salvation *
and call upon the Name of God.

I will fulfill my vows to God *
in the presence of all people.

All repeat Refrain

MUSIC AT COMMUNION *sung by the choir at 11:00am*

There is a balm in Gilead

*Traditional American melody
arr. Carl Haywood (b. 1949)*

THE PRAYER AFTER COMMUNION *standing*

O God, you made us from the dust of the earth,
and our lives are as brief as the grass of the field,
yet you sustain us in the wilderness,
and you have fed us with the bread of heaven.
Now raise us up, and turn our faces toward you,
that we may reflect the glory we behold
and show Christ's love to the world
in the power of the Spirit. Amen.

THE BLESSING

As we journey through Lent, may our fasting be a hunger for justice,
our alms a making of peace, and our prayers the growth of grateful and humble hearts;

And the blessing of God: Source of Hope, Word of Life, and Spirit of Grace,
be with you now and always.

Amen.

HYMN IN PROCESSION



1 Come, thou fount of ev - ery bless - ing, tune my
2 Here I find my great - est trea - sure; hith - er,
3 Oh, to grace how great a debt - or dai - ly

heart to sing thy grace! Streams of mer - cy nev - er
by thy help, I've come; and I hope, by thy good
I'm con - strained to be! Let thy good - ness, like a

ceas - ing, call for songs of loud - est praise.
plea - sure, safe - ly to ar - rive at home.
fet - ter, bind my wan - dering heart to thee:

Teach me some me - lo - dious son - net, sung by
Je - sus sought me when a stran - ger wan - dering
prone to wan - der, Lord, I feel it, prone to

flam - ing tongues a - bove. Praise the mount! Oh, fix me
from the fold of God; he, to res - cue me from
leave the God I love; here's my heart, oh, take and

on it, mount of God's un - chang - ing love.
dan - ger, in - ter - posed his pre - cious blood.
seal it, seal it for thy courts a - bove.

Words: Robert Robinson (1735–1790), alt.

Music: Nettleton, melody from A Repository of Sacred Music, Part II, 1813

THE DISMISSAL

Go forth in peace and share the good news: God liberates us from every bond.
Thanks be to God.

ORGAN VOLUNTARY

Josh Ehlebracht, organ

Coming up at St. Paul's
Tuesday Lenten Series with Soup Supper
Preparing to Become the Beloved Community
Tuesdays at 6:30pm – Parish Hall

THE WORSHIP IS OVER – THE SERVICE BEGINS

ST PAUL'S ON THE GREEN – 60 EAST AVE., NORWALK, CT 06851

Contact us at: 203-847-2806 info@stpaulsnorwalk.org

The Rev. Daniel Simons *Rector*

The Rev. Louise Kalemkerian *Priest Associate*

The Rev. Paul Carling *Priest Associate*

Will Doreza *Interim Director of Music*

Josh Ehlebracht *Interim Organist*

Marsha Dunn *Parish Administrator*

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