

DAILY PRAYER, ONLINE

with St. Paul's on the Green, Norwalk, Connecticut

For this liturgy the People's responses are marked in bold.

GATHERING

*As we gather together for the next twenty minutes,
light a candle in your own space, and spend a moment
in quiet preparation; then the Leader begins:*

Guide us in your way, O God;
and we shall follow where you lead.
Praise to the holy and undivided Trinity, one God: *
as it was in the beginning, is now,
and will be forever. Amen.

PSALMS

We begin with a psalm that invites us into a spirit of praise:

Come, let us sing to the Holy One, *
let us rejoice in the rock of our salvation.
We sing to you, O God, and bless your name; *
and tell of your salvation from day to day.
We proclaim your glory to the nations, *
your praise to the ends of the earth.

– from Psalm 95/96

Praise to the holy and undivided Trinity, one God: *
as it was in the beginning, is now,
and will be forever. Amen.

We then follow with a Psalm specific to the day.

SCRIPTURE

*We listen to a passage of Scripture appointed for the day.
Listen for the word or phrase that catches your attention,
and sit with what the Spirit is saying to you through it.*

*daily Scripture texts are available at:
https://prayer.forwardmovement.org/daily_readings_anytime.php*

WISDOM LITERATURE

*The Leader may offer a paragraph or poem from a
spiritual teacher or tradition.*

PRAYER AND REFLECTION

*We sit for several minutes of reflective silence (Facebook)
and offer our own prayers aloud during the prayer time
(Zoom).*

LORD'S PRAYER

*We gather all our prayers together in the words Jesus taught
us, praying in whichever form or language is your own.
(the Leader will pray the contemporary version provided here):*

Our Father in heaven,
hallowed be your name.
Your kingdom come,
your will be done,
on earth as in heaven.
Gives us today our daily bread,
and forgive us our sins,
as we forgive those who sin against us.
Save us in the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.

CONCLUDING LITANY

Christ in my mind,
that I may see what is true;

Christ in my mouth,
that I may speak with power;

Christ in my heart,
that I may learn to be loved;

Christ in my hands,
that I may work with tenderness;

Christ in my soul,
that I may know my desire;

Christ in my arms,
that I may reach without fear;

Christ in my face,
that I may shine with God.

The Leader concludes:

Guide us in your way, O God;
and we shall follow where you lead.