

Daily Morning Prayer, online

with St. Paul's on the Green, Norwalk, Connecticut

For this liturgy the People's responses are marked in bold.

GATHERING

As we gather together for the next twenty minutes, light a candle in your own space, and spend a moment in quiet preparation; then the Leader begins:

Guide us in your way, O God;
and we shall follow where you lead.

Praise to the holy and undivided Trinity, one God: *
as it was in the beginning, is now,
and will be forever. Amen.

PSALMS

We begin our reflection with a psalm appointed for the day. At the end of the psalm we repeat:

Praise to the holy and undivided Trinity, one God: *
as it was in the beginning, is now,
and will be forever. Amen.

SCRIPTURE

We listen to a passage of Scripture appointed for the day. Listen for the word or phrase that catches your attention, and sit with what the Spirit is saying to you through it.

*daily Scripture texts are available at:
https://prayer.forwardmovement.org/daily_readings_anytime.php*

WISDOM LITERATURE

The Leader may offer a paragraph or poem from a spiritual teacher or tradition.

PRAYER AND REFLECTION

We sit for several minutes of reflective silence (Facebook) and offer our own prayers aloud during the prayer time (Zoom).

LORD'S PRAYER

We gather all our prayers together in the words Jesus taught us, praying in whichever form or language is your own. (the leader will pray the contemporary version provided here):

Our Father in heaven,
hallowed be your name.
Your kingdom come,
your will be done,
on earth as in heaven.
Gives us today our daily bread,
and forgive us our sins,
as we forgive those who sin against us.
Save us in the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.

CONCLUDING LITANY

Christ in my mind,
that I may see what is true;
Christ in my mouth,
that I may speak with power;
Christ in my heart,
that I may learn to be loved;
Christ in my hands,
that I may work with tenderness;
Christ in my soul,
that I may know my desire;
Christ in my arms,
that I may reach without fear;
Christ in my face,
that I may shine with God.

The Leader concludes:

Guide us in your way, O God;
and we shall follow where you lead.