

Compline – online, together, at the end of the day

GATHERING SILENT REFLECTION

For this silent reflection, no words are printed in the leaflet, giving you the opportunity to reflect back meditatively on the events of the past day in silence, as the Leader bids each reflection.



OPENING

- 1** *Our help is in the name of the eternal God,
Who is making the heavens and the earth.*
Praise to the holy and undivided Trinity, one God: *
as it was in the beginning, is now, and will be forever.
Amen.

PSALMS

2 PSALM 116

a translation from the Hebrew by Stephen Mitchell

- A Unnamable God, you are with me at every moment. *
You are my food, my drink, my sunlight and
the air I breathe.
- B You are the ground I have built on, *
and the beauty that rejoices my heart.
- A I give thanks to you at all times, *
for lifting me from my confusion,
- B for teaching me in the dark, *
and showing me the path of life.
- A I have come to the center of your dwelling *
I rest in your perfect love.
- B In your presence there is fullness of joy, *
and blessedness forever and ever.
- Praise to the holy and undivided Trinity, one God: ***
as it was in the beginning, is now, and will be forever. Amen.

3 PSALM 23

a translation from the Hebrew by Stephen Mitchell, adapted

- A O God, you are my shepherd; *
I have everything that I need.
- B You make me lie down in green pastures *
you lead me beside still waters and revive my soul.
- A You guide me along right pathways *
so that I may serve you with love.
- B Though I walk through the darkest valley
or stand in the shadow of death, *
I am not afraid, for I know you are always with me.
- A You spread a table before me even in times of great pain *
you feast me with your abundance
and treat me like an honored guest.
- B Surely your goodness and mercy will follow me
all the days of my life, *
and I will live in your radiance forever and ever.

Praise to the holy and undivided Trinity, one God: *
as it was in the beginning, is now, and will be forever. Amen.

4 PSALM 30

a translation from the Hebrew by Stephen Mitchell, adapted

- A I thank you and praise you, O God, *
for saving me from disaster! *
- B I cried out, "Help me, dear God; I am frightened, *
indeed I have lost my way.
- A You came to me in the darkness; *
you breathed life into my bones.
- B You plucked me from the abyss; *
you healed me and made me whole.
- A For though God may seem to be absent, *
in the Divine presence is eternal life.
- B Tears may linger when night falls, *
but joy arrives with the dawn.

Praise to the holy and undivided Trinity, one God: *
as it was in the beginning, is now, and will be forever. Amen.

SCRIPTURE

The Leader reads a short passage of Scripture. Listen for a word or phrase that speaks to you from the reading, and hear what the Spirit is saying to you during the minute of silence following.

PRAYERS

5 *Into your hands, O God, I commend my spirit,*
For you have redeemed me, O God of truth and love.

Keep us, O God, as the apple of your eye.

Hide us under the shadow of your wings.

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

The Leader prays a Collect for the night, then we add our own prayers, aloud or in silence.

*We gather our prayers together in the Lord's Prayer,
Please pray in whichever language or version you know best
(the contemporary version is printed below).*

Our Father in heaven, hallowed be your name.
Your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread, and forgive us our sins,
as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and forever. Amen.

BLESSING AND DISMISSAL

*Christ be within us to keep us, beside us to guard, before us to lead, behind us to protect, beneath us to support, above us to bless. **Amen.***

The divine Spirit dwells with us.

And with those absent from us.

Facebook livestream will remain live for 10 minutes after the last prayer. Please feel free to remain on the page meditatively, or sign off until the next livestream event.

Morning Prayer will be prayed on this page daily at 8:30am.

May the angels of God keep you through this night until the morning.